

# 37. Nikolauslauf und 125 Straßenlauf der TSG Dülmen

Samstag, 02. Dezember 2023

TSG Stadion - Freizeitzentrum Nord

## Ergebnis-Liste Bambini Lauf

| Name                     | Verein                 | Startnr    |
|--------------------------|------------------------|------------|
| <b>Wacker, Felicia</b>   | <b>PGS/KvG</b>         | <b>906</b> |
| <b>Wacker, Felix</b>     | <b>PGS/KvG</b>         | <b>873</b> |
| <b>Melzer, Hannes</b>    | <b>TuS Sythen</b>      | <b>800</b> |
| <b>Schacke, Baldur</b>   | <b>TuS Sythen</b>      | <b>801</b> |
| Megger, Linus            | SG Suderwich           | 1457       |
| Thuis, Julius            | PGS/KvG                | 858        |
| <b>Beermann, Paula</b>   | <b>TSG Dülmen e.V.</b> | <b>824</b> |
| Erlei, Luk               | Wolbeck                | 1396       |
| <b>Schlierkamp, Anna</b> | <b>TuS Sythen</b>      | <b>799</b> |
| Hellermann, Greta        | TuS Sythen             | 798        |
| Bontrup, Carlotta        | St. Ida Kindergarten   | 1275       |
| Smaczny, Marlene         | Overberg Kindergarten  | 1289       |
| Seifert, Johanna         | PGS/KvG                | 968        |
| Seifert, Frida           | PGS/KvG                | 972        |
| Demes, Pepe              | St. Ida Kindergarten   | 1277       |
| Schulte, Elisa           | TSG Dülmen e.V.        | 838        |
| Unterberg, Thea          |                        | 1333       |
| Unterberg, Dirk          |                        | 1334       |
| Niklasch, Max            | TSG Dülmen e.V.        | 832        |
| Autermann, Mira          | Merfeld                | 1447       |
| Brockmann, Elisa         | TSG Dülmen e.V.        | 826        |
| Schwering, Alma          | TSG Dülmen e.V.        | 841        |
| Hoffmann, Maja           | PGS/KvG                | 857        |
| Wewers, Heidi            | St. Ida Kindergarten   | 1271       |
| Beyer, Emma              | PGS/KvG                | 852        |
| Thuis, Jannis            | PGS/KvG                | 859        |
| Grote, Julien            | GS Dernekamp           | 681        |
| Watermann, Karla         | Dülmen                 | 1324       |
| Meisel, Josefine         | TSG Dülmen e.V.        | 831        |
| Tingelhoff, Frieda       | TSG Dülmen e.V.        | 845        |
| Seibert, Fiete           | TSG Dülmen e.V.        | 842        |
| Wewers, Freda            | St. Ida Kindergarten   | 1270       |
| Schulte, Paul            | TSG Dülmen e.V.        | 836        |
| Schulte, Josefine        | TSG Dülmen e.V.        | 837        |
| Emmerich, Noah           |                        | 1203       |
| König, Antonia           | PGS/KvG                | 1010       |
| Dönnebrink, Mattheo      |                        | 1292       |
| Kersting, Carla          | TSG Dülmen e.V.        | 829        |
| Berning, Mira            | TSG Dülmen e.V.        | 825        |
| Overbeck, Hannah         | GS Dernekamp           | 667        |

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## **Ergebnis-Liste Bambini Lauf**

| <b>Name</b>            | <b>Verein</b>        | <b>Startnr</b> |
|------------------------|----------------------|----------------|
| Schulte, Lene          | TSG Dülmen e.V.      | 839            |
| Emmerich, Jonas Werner |                      | 1204           |
| Karns, David           | GS Dernekamp         | 634            |
| Noll, Greta            | GS Dernekamp         | 719            |
| Brox, Toni             |                      | 1395           |
| Deemann, Ole           | GS Dernekamp         | 672            |
| Kopp, Sophia           |                      | 1451           |
| Kopp, Jona             |                      | 1450           |
| Seifert, Maja          | PGS/KvG              | 971            |
| Keller, Emil           | St. Ida Kindergarten | 1273           |
| Dahme, Thea            | St. Ida Kindergarten | 1272           |
| Fischer, Carlo         | St. Ida Kindergarten | 1279           |
| Chlan, Romy            |                      | 754            |
| Holtrup, Frida         |                      | 579            |
| Würdemann, Enno        | PGS/KvG              | 870            |
| Holtrup, Anni          |                      | 580            |
| Avermann, Max          | St. Ida Kindergarten | 1278           |
| Gerdemann, Emma        | TSG Dülmen e.V.      | 532            |

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## Ergebnis-Liste

### 1.2 km Lauf

| Gesamt-<br>Platz | Zeit     | Name                | Verein               | Altersklasse |        | Geb.<br>Jahr | Startnr |
|------------------|----------|---------------------|----------------------|--------------|--------|--------------|---------|
|                  |          |                     |                      | Platz        | Name   |              |         |
| 1                | 00:05:08 | Lenz, Henri         | PGS/KvG              | 1            | M 9    | 14           | 1037    |
| 2                | 00:05:11 | Schröder, Philipp   | GS Dernekamp         | 1            | M 8    | 15           | 648     |
| 3                | 00:05:13 | Autermann, Marlon   | Merfeld              | 2            | M 8    | 15           | 1448    |
| 4                | 00:05:30 | Kramer, Tino        | Paul Gerhard Grunds  | 3            | M 8    | 15           | 1461    |
| 5                | 00:05:40 | Autermann, Marleen  |                      | 1            | W 7    | 16           | 533     |
| 6                | 00:05:41 | Albrecht, Erik      | PGS/KvG              | 2            | M 9    | 14           | 1029    |
| 7                | 00:05:42 | Megger, Samuel      | SG Suderwich         | 1            | M 7    | 16           | 1319    |
| 8                | 00:05:44 | Stockmann, Jakob    | GWN Leichtathletik   | 4            | M 8    | 15           | 1256    |
| 9                | 00:05:44 | Altenbokum, Luca    | PGS/KvG              | 3            | M 9    | 14           | 1041    |
| 10               | 00:05:45 | Thiäner, Skip       | TuS Sythen           | 4            | M 9    | 14           | 810     |
| 11               | 00:05:54 | Breuer, Tim         | GS Dernekamp         | 5            | M 9    | 14           | 690     |
| 12               | 00:05:55 | Seidler, Klara      | DJK Rödder           | 1            | W 9    | 14           | 1470    |
| 13               | 00:05:57 | Hellermann, Frieda  | TuS Sythen           | 1            | W 8    | 15           | 806     |
| 14               | 00:05:58 | Hellwig, Jonas      | GS Dernekamp         | 5            | M 8    | 15           | 692     |
| 15               | 00:06:02 | Reinermann, Lutz    | GS Dernekamp         | 6            | M 8    | 15           | 669     |
| 16               | 00:06:09 | Oso, Narges         | LG Rosendahl         | 2            | W 7    | 16           | 1223    |
| 17               | 00:06:10 | Diekenbrock, Mia    | Delphin Dorsten      | 2            | W 8    | 15           | 1326    |
| 18               | 00:06:10 | Kruse, Lucy         | Daldruper Landei     | 3            | W 8    | 15           | 1232    |
| 19               | 00:06:12 | Rüter, Judith       | TuS Sythen           | 2            | W 9    | 14           | 1331    |
| 20               | 00:06:14 | Melzer, Jakob       | TuS Sythen           | 2            | M 7    | 16           | 808     |
| 21               | 00:06:15 | Alex, Justus        | GS Dernekamp         | 1            | zu alt | 12           | 643     |
| 22               | 00:06:16 | Brinkmöller, Til    | GS Dernekamp         | 6            | M 9    | 14           | 652     |
| 23               | 00:06:19 | Kramer, Andreas     | Paul Gerhard Grunds  | 2            | zu alt | 13           | 1463    |
| 24               | 00:06:22 | Krampe, Marlena     | GWN Leichtathletik   | 3            | W 9    | 14           | 767     |
| 25               | 00:06:23 | Karns, Simon        | GS Dernekamp         | 7            | M 8    | 15           | 631     |
| 26               | 00:06:24 | Schlierkamp, Lina   | TuS Sythen           | 4            | W 8    | 15           | 807     |
| 27               | 00:06:24 | Günnigmann, Anna    |                      | 5            | W 8    | 15           | 780     |
| 28               | 00:06:25 | Danowski, Klara     | SG Suderwich         | 3            | W 7    | 16           | 1314    |
| 29               | 00:06:25 | Lorenz, Nola        | TuS Sythen           | 6            | W 8    | 15           | 803     |
| 30               | 00:06:26 | Wohlgemuth, Johann  | PGS/KvG              | 7            | W 8    | 15           | 1007    |
| 31               | 00:06:26 | Langehaneberg, Anna | Djk VfL Billerbeck   | 4            | W 9    | 14           | 821     |
| 32               | 00:06:26 | Hüning, Nina        | Djk VfL Billerbeck   | 8            | W 8    | 15           | 820     |
| 33               | 00:06:27 | Guballa, Ida        | PGS/KvG              | 1            | zu alt | 13           | 1011    |
| 34               | 00:06:28 | Wies, Lotte         | PGS/KvG              | 5            | W 9    | 14           | 937     |
| 35               | 00:06:29 | Wies, Pascal        | PGS/KvG              | 3            | zu alt | 78           | 938     |
| 36               | 00:06:29 | Froncek, Karl       | PGS/KvG              | 8            | M 8    | 15           | 981     |
| 37               | 00:06:30 | Wißmann, Ina        | Tus Germania Horstma | 9            | W 8    | 15           | 1201    |
| 38               | 00:06:32 | Wilms, Elisa        | TV Dülmen            | 6            | W 9    | 14           | 1469    |
| 39               | 00:06:33 | Mannke, Ella        | TSG Dülmen e.V.      | 7            | W 9    | 14           | 624     |
| 40               | 00:06:34 | Fiegen, Levi        | GS Dernekamp         | 9            | M 8    | 15           | 695     |

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## Ergebnis-Liste

### 1.2 km Lauf

| Gesamt-<br>Platz | Zeit            | Name                        | Verein               | Altersklasse |               | Geb.<br>Jahr | Startnr     |
|------------------|-----------------|-----------------------------|----------------------|--------------|---------------|--------------|-------------|
|                  |                 |                             |                      | Platz        | Name          |              |             |
| 41               | 00:06:35        | Mühlenkamp, Theresa         | Djk VfL Billerbeck   | 4            | W 7           | 16           | 818         |
| 42               | 00:06:39        | Maltesos, Georgios          | PGS/KvG              | 4            | zu alt        | 72           | 923         |
| 43               | 00:06:39        | Grote, Josefine             | PGS/KvG              | 8            | W 9           | 14           | 1021        |
| <b>44</b>        | <b>00:06:40</b> | <b>Emmerich, Tanja</b>      |                      | <b>2</b>     | <b>zu alt</b> | <b>84</b>    | <b>1295</b> |
| 45               | 00:06:40        | Pakulla, Benjamin           | TSG Dülmen           | 7            | M 9           | 14           | 1321        |
| <b>46</b>        | <b>00:06:41</b> | <b>Senczek, Johannes</b>    | <b>SG Suderwich</b>  | <b>3</b>     | <b>M 7</b>    | <b>16</b>    | <b>1320</b> |
| 47               | 00:06:43        | Ziesmer, Carlotta           | SG Suderwich         | 5            | W 7           | 16           | 1313        |
| 48               | 00:06:43        | Freitäger, Lenja            | GS Dernekamp         | 9            | W 9           | 14           | 647         |
| 49               | 00:06:43        | Wehren, Fine                | TuS Sythen           | 6            | W 7           | 16           | 805         |
| 50               | 00:06:45        | Timmermann, Lukas           | PGS/KvG              | 8            | M 9           | 14           | 1038        |
| 51               | 00:06:46        | Wohlgemuth, Franziska       | PGS/KvG              | 10           | W 8           | 15           | 1006        |
| 52               | 00:06:47        | Lorenz, Ida                 | TuS Sythen           | 11           | W 8           | 15           | 802         |
| 53               | 00:06:48        | Bergkeller, Lotta           | GS Dernekamp         | 12           | W 8           | 15           | 708         |
| 54               | 00:06:48        | Schmauck, Sophie            | GS Dernekamp         | 13           | W 8           | 15           | 705         |
| 55               | 00:06:49        | Altenbokum, Niko            | PGS/KvG              | 10           | M 8           | 15           | 1040        |
| 56               | 00:06:56        | Enck, Jannis                | PGS/KvG              | 11           | M 8           | 15           | 927         |
| 57               | 00:06:59        | Meyering, Rieke             | GS Dernekamp         | 14           | W 8           | 15           | 650         |
| 58               | 00:07:01        | Brinker, Liam               | SG Suderwich         | 9            | M 9           | 14           | 1309        |
| 59               | 00:07:01        | Bourne, Nathaniel           | Paul Gerhard Grundsc | 10           | M 9           | 14           | 1458        |
| 60               | 00:07:02        | Sickmann, Johanna           |                      | 15           | W 8           | 15           | 1263        |
| 61               | 00:07:03        | Sandscheiper, Mia           | PGS/KvG              | 16           | W 8           | 15           | 974         |
| <b>62</b>        | <b>00:07:06</b> | <b>Dindost, Asenat</b>      | <b>GS Dernekamp</b>  | <b>1</b>     | <b>W 6</b>    | <b>17</b>    | <b>748</b>  |
| 63               | 00:07:06        | Hölscher, Lutz              | GS Dernekamp         | 4            | M 7           | 16           | 685         |
| 64               | 00:07:11        | Hölscher, Jörg              | GS Dernekamp         | 5            | zu alt        | 68           | 686         |
| 65               | 00:07:11        | Kleine-Vorholt, Nele        | PGS/KvG              | 17           | W 8           | 15           | 950         |
| 66               | 00:07:12        | Lämmer, Carlo               | GS Dernekamp         | 5            | M 7           | 16           | 693         |
| 67               | 00:07:14        | Homann, Oskar               |                      | 11           | M 9           | 14           | 762         |
| 68               | 00:07:15        | Hoffmann, Moritz            | PGS/KvG              | 12           | M 8           | 15           | 931         |
| <b>69</b>        | <b>00:07:15</b> | <b>Dweir, Toni</b>          | <b>GS Dernekamp</b>  | <b>1</b>     | <b>M 6</b>    | <b>17</b>    | <b>658</b>  |
| 70               | 00:07:16        | Schröder, Henri             |                      | 13           | M 8           | 15           | 578         |
| 71               | 00:07:17        | Muddemann, Henri            | PGS/KvG              | 14           | M 8           | 15           | 962         |
| 72               | 00:07:17        | Wirth, Lena                 | PGS/KvG              | 18           | W 8           | 15           | 947         |
| <b>73</b>        | <b>00:07:19</b> | <b>Sandscheiper, Birgit</b> | <b>PGS/KvG</b>       | <b>3</b>     | <b>zu alt</b> | <b>76</b>    | <b>975</b>  |
| 74               | 00:07:19        | Wilms, Mia                  | PGS/KvG              | 19           | W 8           | 15           | 939         |
| 75               | 00:07:20        | Emilia, Merten              | Daldruper Landei     | 12           | M 9           | 14           | 1330        |
| 76               | 00:07:23        | Nosthoff, Kaia              | GS Dernekamp         | 7            | W 7           | 16           | 655         |
| 77               | 00:07:28        | Nosthoff, Dennis            | GS Dernekamp         | 6            | zu alt        | 81           | 656         |
| <b>78</b>        | <b>00:07:28</b> | <b>Muddemann, Elsa</b>      | <b>PGS/KvG</b>       | <b>2</b>     | <b>W 6</b>    | <b>17</b>    | <b>963</b>  |
| 79               | 00:07:36        | Holoqa, Marie               | PGS/KvG              | 4            | zu alt        | 82           | 964         |
| 80               | 00:07:37        | Reher, Greta                | GS Dernekamp         | 20           | W 8           | 15           | 637         |

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## Ergebnis-Liste 1.2 km Lauf

| Gesamt-<br>Platz | Zeit            | Name                   | Verein               | Altersklasse |            | Geb.<br>Jahr | Startnr     |
|------------------|-----------------|------------------------|----------------------|--------------|------------|--------------|-------------|
|                  |                 |                        |                      | Platz        | Name       |              |             |
| 81               | 00:07:39        | Klimek, Finja          | GS Dernekamp         | 8            | W 7        | 16           | 712         |
| 82               | 00:07:40        | van Stralen, Leon      | SG Suderwich         | 13           | M 9        | 14           | 1318        |
| 83               | 00:07:42        | Diekamp, Fiete         | GS Dernekamp         | 15           | M 8        | 15           | 735         |
| 84               | 00:07:45        | Brinkmöller, Johanna   | PGS/KvG              | 10           | W 9        | 14           | 977         |
| 85               | 00:07:45        | Brinkmöller, Christian | PGS/KvG              | 7            | zu alt     | 71           | 979         |
| 86               | 00:07:48        | Alex, Kristina         | GS Dernekamp         | 5            | zu alt     | 80           | 644         |
| 87               | 00:07:48        | Föcker, Lara           | PGS/KvG              | 6            | zu alt     | 13           | 1030        |
| 88               | 00:07:52        | Sanders, Amelie        | TuS Sythen           | 9            | W 7        | 16           | 804         |
| 89               | 00:07:54        | Beuers, Nick           | PGS/KvG              | 16           | M 8        | 15           | 922         |
| 90               | 00:08:00        | Hener, Mathilda        | GS Dernekamp         | 11           | W 9        | 14           | 660         |
| 91               | 00:08:01        | König, Markus          | PGS/KvG              | 8            | zu alt     | 81           | 900         |
| 92               | 00:08:01        | Terwey, Frida          | GS Dernekamp         | 10           | W 7        | 16           | 676         |
| 93               | 00:08:03        | Fortnagel, Mayla       | SG Suderwich         | 12           | W 9        | 14           | 1308        |
| 94               | 00:08:12        | Kittner, David         | PGS/KvG              | 14           | M 9        | 14           | 1022        |
| 95               | 00:08:18        | Weidemann, Leonie      | PGS/KvG              | 11           | W 7        | 16           | 897         |
| 96               | 00:08:19        | Freitag, Jule          | Paul Gerhard Grundsc | 21           | W 8        | 15           | 1335        |
| 97               | 00:08:20        | Schotte, Mats          | GS Dernekamp         | 6            | M 7        | 16           | 713         |
| 98               | 00:08:20        | Böing, Matti           | PGS/KvG              | 17           | M 8        | 15           | 940         |
| 99               | 00:08:26        | Hetzer, Henri          | PGS/KvG              | 9            | zu alt     | 13           | 1024        |
| 100              | 00:08:27        | Aussel, Hannes         | PGS/KvG              | 15           | M 9        | 14           | 1020        |
| 101              | 00:08:33        | Steinbring, Lara       | GS Dernekamp         | 22           | W 8        | 15           | 752         |
| 102              | 00:08:34        | Guzman Solano, Mila    | PGS/KvG              | 23           | W 8        | 15           | 934         |
| 103              | 00:08:43        | Klein, Marina          | SG Suderwich         | 7            | zu alt     | 88           | 1317        |
| <b>104</b>       | <b>00:08:48</b> | <b>Klein, Anton</b>    | <b>SG Suderwich</b>  | <b>3</b>     | <b>W 6</b> | <b>18</b>    | <b>1316</b> |
| 105              | 00:08:49        | Bixler, Louis          | PGS/KvG              | 16           | M 9        | 14           | 932         |
| 106              | 00:08:50        | Bytyqi, Laurent        | PGS/KvG              | 18           | M 8        | 15           | 926         |
| 107              | 00:08:53        | Letzner, Lorena        | PGS/KvG              | 8            | zu alt     | 94           | 935         |
| 108              | 00:08:54        | Letzner, Marleen       | PGS/KvG              | 9            | zu alt     | 98           | 936         |
| <b>109</b>       | <b>00:08:57</b> | <b>Dresemann, Ben</b>  |                      | <b>2</b>     | <b>M 6</b> | <b>18</b>    | <b>1265</b> |
| 110              | 00:08:58        | Dresemann, Gregor      |                      | 10           | zu alt     | 60           | 1268        |
| 111              | 00:08:59        | Dresemann, Nikolas     |                      | 11           | zu alt     | 90           | 1266        |
| 112              | 00:08:59        | Dresemann, Julia       |                      | 10           | zu alt     | 89           | 1267        |
| 113              | 00:08:59        | Humpert, Tamara        | PGS/KvG              | 12           | W 7        | 16           | 920         |
| 114              | 00:09:00        | Hülshager, Justus      | PGS/KvG              | 19           | M 8        | 15           | 913         |
| 115              | 00:09:04        | Hülshager, Jürgen      | PGS/KvG              | 12           | zu alt     | 76           | 915         |
| 116              | 00:09:05        | Trouet, Jonna          | PGS/KvG              | 4            | W 6        | 20           | 988         |
| 117              | 00:09:15        | Trouet, Elena          | PGS/KvG              | 11           | zu alt     | 87           | 989         |
| 118              | 00:09:15        | Göhlich, Elisa         | PGS/KvG              | 24           | W 8        | 15           | 1001        |
| 119              | 00:09:17        | Trouet, Hannes         | PGS/KvG              | 20           | M 8        | 15           | 987         |
| 120              | 00:09:17        | van Boxel, Sofia       |                      | 25           | W 8        | 15           | 611         |

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## Ergebnis-Liste 1.2 km Lauf

| Gesamt-<br>Platz | Zeit            | Name                    | Verein                | Altersklasse |            | Geb.<br>Jahr | Startnr    |
|------------------|-----------------|-------------------------|-----------------------|--------------|------------|--------------|------------|
|                  |                 |                         |                       | Platz        | Name       |              |            |
| <b>121</b>       | <b>00:09:18</b> | <b>van Boxel, Lukas</b> |                       | <b>3</b>     | <b>M 6</b> | <b>17</b>    | <b>615</b> |
| 122              | 00:09:20        | Wirth, Hanna            | PGS/KvG               | 5            | W 6        | 17           | 876        |
| 123              | 00:09:24        | Fortmann, Paula         | GS Dernekamp          | 6            | W 6        | 17           | 664        |
| 124              | 00:09:24        | Damsen, Manuel          | GS Dernekamp          | 4            | M 6        | 17           | 689        |
| 125              | 00:09:24        | Uhlending, Sophie       | PGS/KvG               | 13           | W 7        | 16           | 921        |
| 126              | 00:09:43        | Abbas, Aram             | Grundschule Dernekamp | 17           | M 9        | 14           | 1336       |
| 127              | 00:09:57        | Humpert, Samira         | PGS/KvG               | 13           | W 9        | 14           | 1008       |
| 128              | 00:09:58        | Khabbaz, Klara          | PGS/KvG               | 14           | W 9        | 14           | 982        |
| 129              | 00:09:58        | Khabbaz, Perla          | PGS/KvG               | 7            | W 6        | 18           | 985        |
| 130              | 00:10:09        | Khabbaz, Youssef        | PGS/KvG               | 13           | zu alt     | 84           | 983        |
| 131              | 00:10:09        | Khabbaz, Hiba           | PGS/KvG               | 12           | zu alt     | 88           | 984        |

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## Ergebnis-Liste 2.5 km Lauf

| Gesamt-<br>Platz | Zeit     | Name                | Verein               | Altersklasse |        | Geb.<br>Jahr | Startnr |
|------------------|----------|---------------------|----------------------|--------------|--------|--------------|---------|
|                  |          |                     |                      | Platz        | Name   |              |         |
| 1                | 00:08:53 | Dreckmann, Julian   | TSG Dülmen           | 1            | MJ U20 | 4            | 1402    |
| 2                | 00:10:26 | Heinrich, Tom       | GW Nottuln           | 1            | MK U10 | 14           | 764     |
| 3                | 00:10:58 | Günnigmann, Ida     | Brillux Münster      | 1            | WJ U16 | 9            | 781     |
| 4                | 00:11:01 | Seggewiß, Leo       | AvD Gymnasium        | 1            | MK U12 | 12           | 1337    |
| 5                | 00:11:01 | Beuing, Lukas       | Bike-Team Baumberg   | 2            | MK U12 | 13           | 772     |
| 6                | 00:11:09 | Hahn, Anni          | TSG Dülmen           | 1            | WJ U14 | 11           | 1209    |
| 7                | 00:11:15 | Keller, Emma        |                      | 1            | WK U12 | 12           | 534     |
| 8                | 00:11:15 | Volland, Michael    | TSG Dülmen e.V.      | 1            | M50    | 70           | 846     |
| 9                | 00:11:18 | Wohlgemuth, Christi | PGS/KvG              | 2            | M50    | 73           | 1003    |
| 10               | 00:11:19 | Drees, Anna         | TSG Dülmen           | 2            | WK U12 | 13           | 1393    |
| 11               | 00:11:44 | Iser, David         | AvDHG                | 3            | MK U12 | 13           | 1052    |
| 12               | 00:11:45 | Bontrup, Leo        | AvDHG                | 4            | MK U12 | 12           | 1066    |
| 13               | 00:11:45 | Meyering, Henry     | GS Dernekamp         | 5            | MK U12 | 12           | 651     |
| 14               | 00:12:00 | Drees, Oscar        | AvDHG                | 6            | MK U12 | 12           | 1103    |
| 15               | 00:12:05 | Bukvic, Edin        | AvDHG                | 7            | MK U12 | 12           | 1080    |
| 16               | 00:12:07 | Mört, Pia           | PGS/KvG              | 3            | WK U12 | 12           | 903     |
| 17               | 00:12:09 | Plischek, Moritz    | AvDHG                | 2            | MK U10 | 15           | 1101    |
| 18               | 00:12:13 | Schäfer, Marten     | AvDHG                | 1            | MJ U16 | 8            | 1119    |
| 19               | 00:12:14 | Köcher, Sascha      | Lauftreff Lüdinghaus | 3            | M50    | 72           | 556     |
| 20               | 00:12:16 | Plischek, Anton     | AvDHG                | 8            | MK U12 | 12           | 1100    |
| 21               | 00:12:22 | Medding, Niklas     | AvDHG                | 1            | MJ U14 | 11           | 1107    |
| 22               | 00:12:26 | Kollenberg, Benno   | TSG Dülmen           | 9            | MK U12 | 12           | 1472    |
| 23               | 00:12:28 | Seggewiß, Paul      | AvDHG                | 3            | MK U10 | 14           | 1091    |
| 24               | 00:12:29 | Kowalewski, Lena    | AvDHG                | 4            | WK U12 | 12           | 1106    |
| 25               | 00:12:30 | Galic, Lukas        |                      | 2            | MJ U14 | 10           | 1475    |
| 26               | 00:12:34 | Ramirez-Molina, Pab | Merfeld              | 1            | MJ U18 | 7            | 1486    |
| 27               | 00:12:34 | Rudat, Marit        | TSG Dülmen e.V.      | 1            | WJ U18 | 6            | 834     |
| 28               | 00:12:34 | Autermann, Lenny    | AvDHG                | 10           | MK U12 | 13           | 1065    |
| 29               | 00:12:36 | Olbrich, Greta      | AvDHG                | 5            | WK U12 | 12           | 1067    |
| 30               | 00:12:36 | Wohlgemuth, Theres  | PGS/KvG              | 2            | WJ U16 | 9            | 1004    |
| 31               | 00:12:37 | Steffens, Jacob     | Dülmen               | 3            | MJ U14 | 11           | 1476    |
| 32               | 00:12:38 | Hahn, Paulina       | PGS/KvG              | 2            | WJ U14 | 11           | 954     |
| 33               | 00:12:44 | Alex, Mattis        | GS Dernekamp         | 4            | MK U10 | 14           | 642     |
| 34               | 00:12:59 | Scheggj, Niklas     | AvDHG                | 11           | MK U12 | 12           | 1102    |
| 35               | 00:13:03 | Thomsen, Ole        | SV Rinkerode         | 12           | MK U12 | 13           | 796     |
| 36               | 00:13:04 | Röhling, Lara       | AvDHG                | 6            | WK U12 | 13           | 1090    |
| 37               | 00:13:05 | Wacker, Felicia     | PGS/KvG              | 1            | WK---  | 16           | 906     |
| 38               | 00:13:06 | Wissing, Pia        | AvDHG                | 3            | WJ U14 | 10           | 1108    |
| 39               | 00:13:06 | Groth, Maximilian   | AvDHG                | 13           | MK U12 | 12           | 1069    |
| 40               | 00:13:06 | Gerding, Ida        | TuS Sythen           | 7            | WK U12 | 13           | 817     |

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### 2.5 km Lauf

| Gesamt-<br>Platz | Zeit            | Name                      | Verein                    | Altersklasse |               | Geb.<br>Jahr | Startnr     |
|------------------|-----------------|---------------------------|---------------------------|--------------|---------------|--------------|-------------|
|                  |                 |                           |                           | Platz        | Name          |              |             |
| 41               | 00:13:09        | Berlinger, Michel         | ESV Schwarz-Weiß Mü       | 5            | MK U10        | 14           | 1298        |
| 42               | 00:13:09        | Wohlgemuth, Victoria      | PGS/KvG                   | 4            | WJ U14        | 11           | 1005        |
| 43               | 00:13:10        | Hüning, Lena              | Djk VFL Billerbeck        | 8            | WK U12        | 13           | 822         |
| 44               | 00:13:14        | Braulik, Luis             | ESV Schwarz-Weiß Mü       | 14           | MK U12        | 13           | 1302        |
| <b>45</b>        | <b>00:13:16</b> | <b>Just, Helge</b>        |                           | <b>1</b>     | <b>M60</b>    | <b>62</b>    | <b>1226</b> |
| 46               | 00:13:18        | Johns, Henrik             | SG Suderwich              | 6            | MK U10        | 14           | 1310        |
| <b>47</b>        | <b>00:13:20</b> | <b>Niggemeier, Lian</b>   | <b>TV Preungesheim</b>    | <b>1</b>     | <b>MK---</b>  | <b>16</b>    | <b>568</b>  |
| 48               | 00:13:21        | Zellner, Julia            | AvDHG                     | 9            | WK U12        | 13           | 1099        |
| <b>49</b>        | <b>00:13:22</b> | <b>Wohlgemuth, Barbar</b> | <b>PGS/KvG</b>            | <b>1</b>     | <b>W45</b>    | <b>78</b>    | <b>1002</b> |
| 50               | 00:13:24        | Klassen, Jonas            | GS Dernekamp              | 15           | MK U12        | 13           | 691         |
| <b>51</b>        | <b>00:13:28</b> | <b>Alt, Frederik</b>      |                           | <b>1</b>     | <b>M</b>      | <b>99</b>    | <b>1408</b> |
| 52               | 00:13:28        | Pathmanathan, Mailin      | ESV Schwarz-Weiß Mü       | 10           | WK U12        | 13           | 1300        |
| 53               | 00:13:29        | Kock, Noah                | GS Dernekamp              | 7            | MK U10        | 15           | 703         |
| 54               | 00:13:30        | Schotte, Philipp          | GS Dernekamp              | 8            | MK U10        | 15           | 699         |
| 55               | 00:13:33        | Stroth, Linus             | GS Dernekamp              | 9            | MK U10        | 15           | 724         |
| 56               | 00:13:38        | Münning, Henry            | AvDHG                     | 16           | MK U12        | 13           | 1087        |
| 57               | 00:13:40        | Herbst, Henrike           | TuS Sythen                | 5            | WJ U14        | 11           | 1332        |
| 58               | 00:13:40        | Kruse, Julian             | Daldruper Landei          | 17           | MK U12        | 12           | 1231        |
| 59               | 00:13:40        | Scheipers, Jan            | GS Dernekamp              | 18           | MK U12        | 13           | 707         |
| 60               | 00:13:41        | Kruse, Alex               | Daldruper Landei          | 4            | M50           | 73           | 1234        |
| 61               | 00:13:41        | Zumbansen, Lilou          |                           | 11           | WK U12        | 12           | 784         |
| 62               | 00:13:41        | Herzog, Moritz            | TSG Dülmen                | 19           | MK U12        | 12           | 1339        |
| 63               | 00:13:42        | Hanning, Nick             | TSG Dülmen                | 20           | MK U12        | 12           | 1473        |
| 64               | 00:13:42        | Kottmann, Sandro          | TSG Dülmen                | 4            | MJ U14        | 11           | 1474        |
| 65               | 00:13:44        | Hohenstein, Klara         | TuS Sythen                | 12           | WK U12        | 13           | 1453        |
| 66               | 00:13:45        | Püth, Jonas               | AvDHG                     | 21           | MK U12        | 13           | 1088        |
| 67               | 00:13:46        | Freitag, Nike             | Marienschule              | 6            | WJ U14        | 10           | 1248        |
| <b>68</b>        | <b>00:13:48</b> | <b>Kollenberg, Tobias</b> | <b>TSG Dülmen</b>         | <b>1</b>     | <b>M45</b>    | <b>78</b>    | <b>1471</b> |
| <b>69</b>        | <b>00:13:49</b> | <b>Freitag, Merle</b>     | <b>Clemens-Brentano-G</b> | <b>3</b>     | <b>WJ U16</b> | <b>8</b>     | <b>1249</b> |
| 70               | 00:13:52        | Schnitzer, Annika         |                           | 13           | WK U12        | 13           | 1477        |
| 71               | 00:13:58        | Tigano, Aurora            | AvDHG                     | 14           | WK U12        | 13           | 1093        |
| 72               | 00:14:02        | Müller, Oscar             | AvDHG                     | 22           | MK U12        | 12           | 1059        |
| <b>73</b>        | <b>00:14:03</b> | <b>Koch, Helmuth</b>      |                           | <b>1</b>     | <b>M70</b>    | <b>53</b>    | <b>1323</b> |
| 74               | 00:14:03        | Hungerkamp, Linus         | GS Dernekamp              | 10           | MK U10        | 15           | 638         |
| 75               | 00:14:06        | Krajewski, Colin          | GS Dernekamp              | 11           | MK U10        | 15           | 694         |
| 76               | 00:14:06        | Hahn, Lukas               | PGS/KvG                   | 12           | MK U10        | 15           | 953         |
| 77               | 00:14:11        | Bühren, Louis             | GW Nottuln                | 13           | MK U10        | 14           | 782         |
| 78               | 00:14:12        | Fressmann, Dirk           | GS Dernekamp              | 5            | M50           | 72           | 645         |
| 79               | 00:14:13        | Albring, Felix            | KSC Lünen                 | 5            | MJ U14        | 11           | 590         |
| 80               | 00:14:14        | Kaufmann, Paul            | PGS/KvG                   | 14           | MK U10        | 15           | 956         |



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| Gesamt-<br>Platz | Zeit            | Name                       | Verein                  | Altersklasse |               | Geb.<br>Jahr | Startnr     |
|------------------|-----------------|----------------------------|-------------------------|--------------|---------------|--------------|-------------|
|                  |                 |                            |                         | Platz        | Name          |              |             |
| <b>81</b>        | <b>00:14:16</b> | <b>Hahn, Daniel</b>        | <b>PGS/KvG</b>          | <b>1</b>     | <b>M40</b>    | <b>81</b>    | <b>955</b>  |
| 82               | 00:14:22        | Meis, Lasse                | AvDHG                   | 23           | MK U12        | 13           | 1086        |
| 83               | 00:14:26        | Steisel, Max               | GS Dernekamp            | 15           | MK U10        | 14           | 700         |
| 84               | 00:14:34        | Zastrow, Jonathan          | KSC Lünen               | 16           | MK U10        | 14           | 584         |
| 85               | 00:14:42        | Knöpke, Felix              | AvDHG                   | 24           | MK U12        | 13           | 1072        |
| 86               | 00:14:43        | Dick, Jonathan             | AvDHG                   | 6            | MJ U14        | 11           | 1111        |
| <b>87</b>        | <b>00:14:52</b> | <b>Friese, Lars</b>        | <b>AvDHG</b>            | <b>2</b>     | <b>M45</b>    | <b>77</b>    | <b>1121</b> |
| 88               | 00:14:53        | Pröse, Matthias            | AvDHG                   | 6            | M50           | 73           | 1125        |
| 89               | 00:14:54        | van Berlo, Sarah           | AvDHG                   | 7            | WJ U14        | 10           | 1118        |
| 90               | 00:14:55        | Alshaher, Naoras           | PGS/KvG                 | 25           | MK U12        | 13           | 1012        |
| 91               | 00:15:00        | Müller, Paul               | AvDHG                   | 7            | MJ U14        | 11           | 1109        |
| 92               | 00:15:01        | Müller, Michael            | AvDHG                   | 7            | M50           | 71           | 1110        |
| 93               | 00:15:02        | Strunk, Marietta           | AvDHG                   | 8            | WJ U14        | 10           | 1117        |
| <b>94</b>        | <b>00:15:03</b> | <b>Kaufmann, Stefan</b>    | <b>PGS/KvG</b>          | <b>1</b>     | <b>M35</b>    | <b>84</b>    | <b>959</b>  |
| 95               | 00:15:09        | Seifert, Mats              | TSG Dülmen              | 17           | MK U10        | 14           | 1197        |
| 96               | 00:15:11        | Kamtchueng, Marlon         | TSG                     | 26           | MK U12        | 12           | 1236        |
| <b>97</b>        | <b>00:15:12</b> | <b>Nosthoff-Kamtchuen</b>  |                         | <b>1</b>     | <b>W35</b>    | <b>85</b>    | <b>1237</b> |
| 98               | 00:15:17        | Heidenreich, Kimbra        | AvDHG                   | 15           | WK U12        | 13           | 1082        |
| 99               | 00:15:22        | Gerdes, Bastian            | AvDHG                   | 27           | MK U12        | 12           | 1051        |
| 100              | 00:15:23        | Aliaj, Fabian              | AvDHG                   | 28           | MK U12        | 13           | 1077        |
| <b>101</b>       | <b>00:15:23</b> | <b>Pelz, Daniel</b>        |                         | <b>2</b>     | <b>MJ U16</b> | <b>8</b>     | <b>566</b>  |
| <b>102</b>       | <b>00:15:27</b> | <b>Kaufmann, Daniela</b>   | <b>PGS/KvG</b>          | <b>2</b>     | <b>W35</b>    | <b>84</b>    | <b>958</b>  |
| <b>103</b>       | <b>00:15:31</b> | <b>Florian, Volker</b>     | <b>TSG Dülmen</b>       | <b>1</b>     | <b>M55</b>    | <b>66</b>    | <b>1406</b> |
| <b>104</b>       | <b>00:15:32</b> | <b>Aliaj, Roland</b>       | <b>AvDHG</b>            | <b>3</b>     | <b>M45</b>    | <b>77</b>    | <b>1078</b> |
| 105              | 00:15:33        | Pathmanathan, Kilian       | ESV Schwarz-Weiß Mü     | 29           | MK U12        | 13           | 1301        |
| <b>106</b>       | <b>00:15:33</b> | <b>Bukvic, Eldin</b>       | <b>AvDHG</b>            | <b>2</b>     | <b>M40</b>    | <b>79</b>    | <b>1081</b> |
| 107              | 00:15:33        | Neugebauer, Andre          | GS Dernekamp            | 30           | MK U12        | 13           | 716         |
| 108              | 00:15:36        | Karns, Julia               | AvDHG                   | 16           | WK U12        | 13           | 1071        |
| 109              | 00:15:37        | Arnhold, Nina              | AvDHG                   | 17           | WK U12        | 12           | 1063        |
| 110              | 00:15:37        | Freitag, Moritz Alexan     | AvDHG                   | 31           | MK U12        | 13           | 1050        |
| 111              | 00:15:46        | Düpmann, Leevi Fritz       | TSG Dülmen              | 18           | MK U10        | 14           | 1213        |
| 112              | 00:16:00        | Willenberg, Luke           | SG Suderwich            | 32           | MK U12        | 12           | 1311        |
| 113              | 00:16:01        | Willenberg, Michael        | SG Suderwich            | 8            | M50           | 73           | 1312        |
| <b>114</b>       | <b>00:16:03</b> | <b>Mundt, Martina</b>      | <b>Spiridon Haltern</b> | <b>1</b>     | <b>W50</b>    | <b>73</b>    | <b>1482</b> |
| 115              | 00:16:14        | Steisel, Kira              | GS Dernekamp            | 9            | WJ U14        | 11           | 702         |
| 116              | 00:16:17        | Söring, Henri              | AvDHG                   | 33           | MK U12        | 13           | 1061        |
| <b>117</b>       | <b>00:16:20</b> | <b>Steisel, Viktor</b>     | <b>GS Dernekamp</b>     | <b>3</b>     | <b>M40</b>    | <b>81</b>    | <b>701</b>  |
| <b>118</b>       | <b>00:16:20</b> | <b>Neugebauer, Emilia</b>  | <b>GS Dernekamp</b>     | <b>1</b>     | <b>WK U10</b> | <b>15</b>    | <b>715</b>  |
| <b>119</b>       | <b>00:16:22</b> | <b>Neugebauer, Alexand</b> | <b>GS Dernekamp</b>     | <b>2</b>     | <b>M35</b>    | <b>86</b>    | <b>717</b>  |
| <b>120</b>       | <b>00:16:23</b> | <b>Pelz, Theresa</b>       |                         | <b>1</b>     | <b>W</b>      | <b>3</b>     | <b>538</b>  |

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### 2.5 km Lauf

| Gesamt-<br>Platz | Zeit            | Name                          | Verein                | Altersklasse |               | Geb.<br>Jahr | Startnr     |
|------------------|-----------------|-------------------------------|-----------------------|--------------|---------------|--------------|-------------|
|                  |                 |                               |                       | Platz        | Name          |              |             |
| <b>121</b>       | <b>00:16:23</b> | <b>Joachimsmeier, Felix</b>   | <b>TuS Sythen</b>     | <b>2</b>     | <b>M</b>      | <b>0</b>     | <b>811</b>  |
| <b>122</b>       | <b>00:16:23</b> | <b>Liberal, Hafsa</b>         | <b>GS Dernekamp</b>   | <b>2</b>     | <b>WK U10</b> | <b>15</b>    | <b>744</b>  |
| 123              | 00:16:24        | Mühlenkamp, Marlo             | AvDHG                 | 8            | MJ U14        | 10           | 1116        |
| 124              | 00:16:28        | Reinermann, Florian           | PGS/KvG               | 19           | MK U10        | 14           | 1025        |
| <b>125</b>       | <b>00:16:30</b> | <b>Seifert, Johanna</b>       | <b>PGS/KvG</b>        | <b>3</b>     | <b>WK U10</b> | <b>14</b>    | <b>968</b>  |
| <b>126</b>       | <b>00:16:31</b> | <b>Seifert-Visang, Kirsti</b> | <b>PGS/KvG</b>        | <b>3</b>     | <b>W35</b>    | <b>84</b>    | <b>969</b>  |
| 127              | 00:16:31        | Seiler, Bastian               | GS Dernekamp          | 20           | MK U10        | 15           | 682         |
| 128              | 00:16:41        | Pennekamp, Mirja              | AvDHG                 | 18           | WK U12        | 13           | 1094        |
| 129              | 00:16:42        | Seifert, Lea                  | TSG Dülmen            | 4            | WK U10        | 14           | 1196        |
| 130              | 00:16:43        | Krimphove, Emma               | TSG Dülmen            | 5            | WK U10        | 14           | 1261        |
| <b>131</b>       | <b>00:16:43</b> | <b>Stroth, Tina</b>           | <b>GS Dernekamp</b>   | <b>1</b>     | <b>W40</b>    | <b>82</b>    | <b>684</b>  |
| 132              | 00:16:46        | Stroth, Sebastian             | GS Dernekamp          | 4            | M40           | 82           | 725         |
| 133              | 00:16:58        | Strunk, Maximiliane           | AvDHG                 | 19           | WK U12        | 13           | 1098        |
| 134              | 00:16:59        | Langehaneberg, Leon           | AvDHG                 | 20           | WK U12        | 13           | 1073        |
| 135              | 00:17:03        | Langehaneberg, Mich           | AvDHG                 | 9            | M50           | 70           | 1074        |
| 136              | 00:17:07        | Kockmann, Luca                | PGS/KvG               | 34           | MK U12        | 12           | 888         |
| 137              | 00:17:08        | Kockmann, Milan               | PGS/KvG               | 21           | MK U10        | 15           | 887         |
| <b>138</b>       | <b>00:17:14</b> | <b>Bopp, Andreas</b>          | <b>PGS/KvG</b>        | <b>2</b>     | <b>M55</b>    | <b>67</b>    | <b>889</b>  |
| 139              | 00:17:15        | Arnhold, Anna                 | AvDHG                 | 4            | W35           | 84           | 1064        |
| <b>140</b>       | <b>00:17:17</b> | <b>Molina, Gloria Milena</b>  | <b>Merfeld</b>        | <b>2</b>     | <b>W45</b>    | <b>76</b>    | <b>1483</b> |
| 141              | 00:17:19        | Ebbing, Lukas Rafael          | AvDHG                 | 35           | MK U12        | 12           | 1068        |
| <b>142</b>       | <b>00:17:19</b> | <b>Alfarhan, Xamin</b>        | <b>PGS/KvG</b>        | <b>2</b>     | <b>MK---</b>  | <b>16</b>    | <b>1014</b> |
| 143              | 00:17:22        | Riffel, Eric                  | AvDHG                 | 36           | MK U12        | 12           | 1097        |
| 144              | 00:17:23        | Ebbing, David                 | AvDHG                 | 22           | MK U10        | 15           | 1228        |
| 145              | 00:17:24        | Freitag, Moritz               | Clemens-Brentano-Gy   | 37           | MK U12        | 12           | 1247        |
| 146              | 00:17:25        | Freitag, Christian            | DJK Judo              | 5            | M40           | 81           | 1250        |
| <b>147</b>       | <b>00:17:29</b> | <b>Hagemann, Josef</b>        | <b>FC Nordkirchen</b> | <b>2</b>     | <b>M70</b>    | <b>52</b>    | <b>1452</b> |
| 148              | 00:17:29        | Alshaher, Mohamad             | PGS/KvG               | 23           | MK U10        | 14           | 1013        |
| <b>149</b>       | <b>00:17:46</b> | <b>Wittich, Nadja</b>         | <b>PGS/KvG</b>        | <b>2</b>     | <b>WK---</b>  | <b>16</b>    | <b>1206</b> |
| <b>150</b>       | <b>00:18:15</b> | <b>Damsen, Manuel</b>         | <b>GS Dernekamp</b>   | <b>3</b>     | <b>MK---</b>  | <b>17</b>    | <b>689</b>  |
| 151              | 00:18:32        | Schneider, Tim                | AvDHG                 | 38           | MK U12        | 13           | 1075        |
| <b>152</b>       | <b>00:18:32</b> | <b>Seifert, Alexandra</b>     | <b>TSG Dülmen</b>     | <b>2</b>     | <b>W40</b>    | <b>82</b>    | <b>1198</b> |
| 153              | 00:18:45        | Kaufmann, Max                 | PGS/KvG               | 39           | MK U12        | 13           | 957         |
| 154              | 00:18:46        | Fiegen, Anni                  | AvDHG                 | 21           | WK U12        | 12           | 1049        |
| 155              | 00:18:55        | Petershöfer, Julius           | AvDHG                 | 40           | MK U12        | 12           | 1096        |
| 156              | 00:19:42        | Chmielewski, Liam             | KSC Lünen             | 41           | MK U12        | 13           | 585         |
| 157              | 00:19:51        | Freitag, Paul-Horst           | PGS/KvG               | 24           | MK U10        | 14           | 1015        |
| 158              | 00:19:53        | Freitag, Markus-Horst         | PGS/KvG               | 10           | M50           | 73           | 1016        |
| 159              | 00:20:01        | Lammert, Hannah               | GS Dernekamp          | 22           | WK U12        | 13           | 732         |
| 160              | 00:20:04        | Growe, Alina                  | GS Dernekamp          | 23           | WK U12        | 13           | 733         |

# 37. Nikolauslauf und 125 Straßenlauf der TSG Dülmen

Samstag, 02. Dezember 2023

TSG Stadion - Freizeitzentrum Nord

## Ergebnis-Liste 2.5 km Lauf

| Gesamt-<br>Platz | Zeit            | Name                        | Verein         | Altersklasse |              | Geb.<br>Jahr | Startnr     |
|------------------|-----------------|-----------------------------|----------------|--------------|--------------|--------------|-------------|
|                  |                 |                             |                | Platz        | Name         |              |             |
| 161              | 00:20:16        | Chmielewski, Malia          | KSC Lünen      | 24           | WK U12       | 12           | 586         |
| 162              | 00:20:18        | Ramirez-Molina, Cami        | Merfeld        | 10           | WJ U14       | 11           | 1485        |
| 163              | 00:20:24        | Ramirez, Victor Hugo        | Merfeld        | 4            | M45          | 74           | 1484        |
| <b>164</b>       | <b>00:20:45</b> | <b>Bekir, Elis</b>          | <b>PGS/KvG</b> | <b>3</b>     | <b>WK---</b> | <b>17</b>    | <b>856</b>  |
| <b>165</b>       | <b>00:20:45</b> | <b>Onur, Bekic</b>          | <b>Dülmen</b>  | <b>3</b>     | <b>M35</b>   | <b>86</b>    | <b>1351</b> |
| 166              | 00:22:34        | Klimek, Matthias            | GS Dernekamp   | 42           | MK U12       | 12           | 711         |
| 167              | 00:22:34        | Klimek, Tobias              | GS Dernekamp   | 43           | MK U12       | 13           | 710         |
| 168              | 00:23:57        | Keskin, Isabelle            | PGS/KvG        | 4            | WK---        | 16           | 885         |
| <b>169</b>       | <b>00:24:01</b> | <b>Müglitz-Keskin, Dani</b> | <b>PGS/KvG</b> | <b>3</b>     | <b>W40</b>   | <b>81</b>    | <b>886</b>  |

# 37. Nikolauslauf und 125 Straßenlauf der TSG Dülmen

Samstag, 02. Dezember 2023

TSG Stadion - Freizeitzentrum Nord

## Ergebnis-Liste

### 5 km Lauf

| Gesamt-<br>Platz | Zeit     | Name                 | Verein               | Altersklasse |        | Geb.<br>Jahr | Startnr |
|------------------|----------|----------------------|----------------------|--------------|--------|--------------|---------|
|                  |          |                      |                      | Platz        | Name   |              |         |
| 1                | 00:16:28 | Schramm, Michael     | ASV Duisburg         | 1            | M40    | 80           | 1344    |
| 2                | 00:18:32 | Peuker, Ramy         |                      | 2            | M40    | 81           | 1254    |
| 3                | 00:18:54 | Rodrigues, Antonio   | Spiridon Haltern     | 1            | M60    | 62           | 1405    |
| 4                | 00:19:07 | Wißmann, Tom         |                      | 1            | MJ U16 | 9            | 1200    |
| 5                | 00:19:12 | Gerber, Lysander-Arp | EAT/ SG Suderwich    | 1            | M      | 94           | 791     |
| 6                | 00:19:23 | Rath, Marcel         | Tri Finish Münster   | 3            | M40    | 82           | 1210    |
| 7                | 00:19:36 | Hüsken, Markus       | FC Nordkirchen       | 1            | M50    | 73           | 1047    |
| 8                | 00:19:36 | Florian, Phil        | TSG Dülmen           | 1            | MJ U20 | 5            | 1407    |
| 9                | 00:19:44 | Jasper, Mareen       | TSG Dülmen e.V.      | 1            | WJ U16 | 9            | 573     |
| 10               | 00:20:06 | Paulos, Arey         | WupperRacer          | 2            | M50    | 69           | 1355    |
| 11               | 00:20:07 | Florian, Larissa     | TSG Dülmen           | 1            | W      | 0            | 1409    |
| 12               | 00:20:44 | O'Sullivan, Lena     | SV Hullern 68        | 2            | WJ U16 | 8            | 1290    |
| 13               | 00:21:08 | Mundt, Max Anders    | Spiridon Haltern     | 1            | MJ U14 | 11           | 1480    |
| 14               | 00:21:21 | Nosthoff, Dennis     | GS Dernekamp         | 4            | M40    | 81           | 657     |
| 15               | 00:21:27 | Wittfoot, Jörg       | SuS Schalke 96       | 3            | M50    | 72           | 1193    |
| 16               | 00:21:58 | Pelz, Katharina      | TSG Dülmen e.V.      | 1            | WJ U20 | 5            | 565     |
| 17               | 00:21:59 | Neuhoff, Maik        |                      | 1            | M35    | 88           | 1362    |
| 18               | 00:22:17 | Zumbansen, Coralie   | TV Wattenscheid 01   | 3            | WJ U16 | 9            | 525     |
| 19               | 00:22:18 | Kock, Mathis         | AvDHG                | 1            | MK U12 | 12           | 1105    |
| 20               | 00:22:20 | Hölscher, Jakob      | AvDHG                | 2            | MJ U14 | 10           | 1112    |
| 21               | 00:22:25 | Fronemann, Bernd     | FC Nordkirchen       | 4            | M50    | 70           | 1354    |
| 22               | 00:22:56 | Gerdes, Pia          | Spiridon Haltern     | 1            | W40    | 79           | 1220    |
| 23               | 00:23:00 | Bleiker, Kevin       |                      | 2            | M      | 94           | 504     |
| 24               | 00:23:01 | Rickert, Hermann     |                      | 2            | M60    | 59           | 776     |
| 25               | 00:23:09 | Seggewiß, Uwe        | AvDHG                | 5            | M40    | 80           | 1092    |
| 26               | 00:23:18 | Hiller, Maximilian   | KSC Lünen            | 2            | MJ U16 | 9            | 601     |
| 27               | 00:23:19 | Fränkel, Maximilian  | KSC Lünen            | 3            | MJ U14 | 10           | 598     |
| 28               | 00:23:19 | Laakmann, Lasse      | KSC Lünen            | 4            | MJ U14 | 11           | 592     |
| 29               | 00:23:36 | Teltrop, Fabian      | SV Lippramsdorf      | 1            | M30    | 92           | 1487    |
| 30               | 00:23:39 | Eiersbrock, Hubert   | DJK Adler Buldern    | 1            | M55    | 65           | 773     |
| 31               | 00:23:41 | Vriesen, Anne        | SV Benediktushof     | 1            | W35    | 88           | 785     |
| 32               | 00:23:42 | Parthe, Manfred      | SV Benediktushof     | 1            | M65    | 57           | 786     |
| 33               | 00:23:54 | Robert, Alois        | SW Beerlage          | 1            | M70    | 52           | 1221    |
| 34               | 00:24:13 | Monno, Leonard       |                      | 3            | M      | 94           | 1488    |
| 35               | 00:24:16 | Lelgemann, Paul      | KSC Lünen            | 5            | MJ U14 | 11           | 593     |
| 36               | 00:24:17 | Mundt, Ben Erik      | Spiridon Haltern     | 3            | MJ U16 | 9            | 1479    |
| 37               | 00:24:18 | Wild, Anton          | TuS Sythen           | 2            | MK U12 | 12           | 813     |
| 38               | 00:24:27 | Bertels, Ben         | LG Coesfeld          | 3            | MK U12 | 13           | 1345    |
| 39               | 00:24:30 | Jörling, Nicole      | DJK / VFL Billerbeck | 2            | W35    | 87           | 1346    |
| 40               | 00:24:40 | Pelz, Alex           |                      | 4            | M      | 1            | 537     |

# 37. Nikolauslauf und 125 Straßenlauf der TSG Dülmen

Samstag, 02. Dezember 2023

TSG Stadion - Freizeitzentrum Nord

## Ergebnis-Liste 5 km Lauf

| Gesamt-<br>Platz | Zeit            | Name                        | Verein                      | Altersklasse |               | Geb.<br>Jahr | Startnr     |
|------------------|-----------------|-----------------------------|-----------------------------|--------------|---------------|--------------|-------------|
|                  |                 |                             |                             | Platz        | Name          |              |             |
| 41               | 00:24:44        | Lange, Fynn                 | DJK Nottuln                 | 4            | MK U12        | 12           | 1366        |
| <b>42</b>        | <b>00:24:46</b> | <b>Blakert, Sandra</b>      |                             | <b>1</b>     | <b>W45</b>    | <b>75</b>    | <b>1369</b> |
| 43               | 00:24:49        | Gerlach, Aalyah             | KSC Lünen                   | 4            | WJ U16        | 9            | 600         |
| 44               | 00:24:51        | Gatz, Henri                 | KSC Lünen                   | 4            | MJ U16        | 9            | 599         |
| <b>45</b>        | <b>00:24:55</b> | <b>Burghard, Torsten</b>    | <b>DJK GW Nottuln</b>       | <b>3</b>     | <b>M60</b>    | <b>60</b>    | <b>1494</b> |
| <b>46</b>        | <b>00:24:57</b> | <b>Lange, Lisa</b>          | <b>DJK Nottuln</b>          | <b>1</b>     | <b>W30</b>    | <b>90</b>    | <b>1367</b> |
| 47               | 00:24:59        | Jasper, Mats                | TSG Dülmen                  | 5            | MK U12        | 12           | 1443        |
| 48               | 00:25:19        | Niggemeier, Sven            | TV Preungesheim             | 6            | M40           | 83           | 567         |
| <b>49</b>        | <b>00:25:27</b> | <b>Schröder, Kimberly</b>   | <b>SV Hullern 68</b>        | <b>2</b>     | <b>WJ U20</b> | <b>4</b>     | <b>1291</b> |
| 50               | 00:25:30        | Mundt, Willi Henrik         | Spiridon Haltern            | 6            | MK U12        | 13           | 1481        |
| 51               | 00:25:31        | Lensing, Nico               |                             | 5            | M             | 98           | 1244        |
| <b>52</b>        | <b>00:25:37</b> | <b>Becker, Dirk</b>         | <b>LG Hamm</b>              | <b>2</b>     | <b>M65</b>    | <b>58</b>    | <b>1303</b> |
| <b>53</b>        | <b>00:25:47</b> | <b>Märtin, Mara</b>         | <b>KSC Lünen</b>            | <b>1</b>     | <b>WJ U14</b> | <b>11</b>    | <b>594</b>  |
| 54               | 00:25:53        | Gatz, Matti                 | KSC Lünen                   | 7            | MK U12        | 12           | 588         |
| <b>55</b>        | <b>00:25:53</b> | <b>Link, Ida</b>            | <b>KSC Lünen</b>            | <b>1</b>     | <b>WK U12</b> | <b>12</b>    | <b>589</b>  |
| <b>56</b>        | <b>00:25:58</b> | <b>Henrique, Antonio</b>    | <b>LSF Münster</b>          | <b>3</b>     | <b>M65</b>    | <b>58</b>    | <b>1347</b> |
| 57               | 00:26:01        | Terjung, Claas              | TSG Dülmen                  | 4            | M60           | 62           | 1400        |
| <b>58</b>        | <b>00:26:03</b> | <b>Gomes, Rosa</b>          | <b>LSF Münster</b>          | <b>1</b>     | <b>W55</b>    | <b>67</b>    | <b>1348</b> |
| <b>59</b>        | <b>00:26:05</b> | <b>Schulze-Borgmühl, U</b>  |                             | <b>1</b>     | <b>W50</b>    | <b>69</b>    | <b>1293</b> |
| 60               | 00:26:11        | Köcher, Sascha              | Lauftreff Lüdinghausen      | 5            | M50           | 72           | 557         |
| <b>61</b>        | <b>00:26:17</b> | <b>Mertl, Frank</b>         | <b>SV Arminia Appelhülf</b> | <b>2</b>     | <b>M55</b>    | <b>65</b>    | <b>1364</b> |
| 62               | 00:26:25        | Hocevar, Mathis             | KSC Lünen                   | 6            | MJ U14        | 11           | 591         |
| <b>63</b>        | <b>00:26:30</b> | <b>Krimphove, Judith</b>    | <b>SV Arminia Appelhülf</b> | <b>2</b>     | <b>W45</b>    | <b>77</b>    | <b>1359</b> |
| <b>64</b>        | <b>00:26:32</b> | <b>Altenbokum, Melanie</b>  | <b>PGS/KvG</b>              | <b>3</b>     | <b>W35</b>    | <b>88</b>    | <b>1042</b> |
| 65               | 00:27:02        | Gooßens, Willi              | SC Hommersum 1954           | 6            | M50           | 70           | 1245        |
| <b>66</b>        | <b>00:27:06</b> | <b>van Boxel, Jens</b>      |                             | <b>2</b>     | <b>M35</b>    | <b>84</b>    | <b>609</b>  |
| <b>67</b>        | <b>00:27:15</b> | <b>Keinhörster, Theresa</b> |                             | <b>2</b>     | <b>W30</b>    | <b>89</b>    | <b>616</b>  |
| <b>68</b>        | <b>00:27:37</b> | <b>Hiller, Michael</b>      | <b>KSC Lünen</b>            | <b>1</b>     | <b>M45</b>    | <b>76</b>    | <b>583</b>  |
| 69               | 00:27:45        | Hener, Frank                | GS Dernekamp                | 7            | M50           | 70           | 661         |
| <b>70</b>        | <b>00:27:52</b> | <b>Uhlending, Carola</b>    | <b>PGS/KvG</b>              | <b>3</b>     | <b>W30</b>    | <b>89</b>    | <b>1045</b> |
| <b>71</b>        | <b>00:27:54</b> | <b>Kliesch, Ela</b>         | <b>PGS/KvG</b>              | <b>1</b>     | <b>WK U10</b> | <b>14</b>    | <b>1031</b> |
| <b>72</b>        | <b>00:27:54</b> | <b>Frerick, Lilly</b>       | <b>PGS/KvG</b>              | <b>2</b>     | <b>WK U10</b> | <b>14</b>    | <b>1033</b> |
| 73               | 00:27:55        | Kliesch, Süreyya            | PGS/KvG                     | 4            | W35           | 88           | 1032        |
| <b>74</b>        | <b>00:27:55</b> | <b>Greive, Stefan</b>       | <b>PGS/KvG</b>              | <b>3</b>     | <b>M35</b>    | <b>84</b>    | <b>1036</b> |
| 75               | 00:27:56        | Frerick, Michael            | PGS/KvG                     | 7            | M40           | 83           | 1035        |
| <b>76</b>        | <b>00:27:57</b> | <b>Pox-Bergemann, Ute</b>   | <b>Keiner / Lembeck</b>     | <b>3</b>     | <b>W45</b>    | <b>78</b>    | <b>559</b>  |
| <b>77</b>        | <b>00:27:59</b> | <b>Hullerum, Sylvia</b>     | <b>LG Coesfeld</b>          | <b>2</b>     | <b>W55</b>    | <b>68</b>    | <b>571</b>  |
| 78               | 00:28:07        | Kruse, Daniel               |                             | 8            | M40           | 80           | 520         |
| <b>79</b>        | <b>00:28:44</b> | <b>Pieper, Simon</b>        |                             | <b>2</b>     | <b>M30</b>    | <b>90</b>    | <b>505</b>  |
| 80               | 00:28:45        | Kuncic, Miranda             | SV Benediktushof            | 4            | W45           | 77           | 1214        |

# 37. Nikolauslauf und 125 Straßenlauf der TSG Dülmen

Samstag, 02. Dezember 2023

TSG Stadion - Freizeitzentrum Nord

## Ergebnis-Liste 5 km Lauf

| Gesamt-<br>Platz | Zeit            | Name                       | Verein                      | Altersklasse |               | Geb.<br>Jahr | Startnr     |
|------------------|-----------------|----------------------------|-----------------------------|--------------|---------------|--------------|-------------|
|                  |                 |                            |                             | Platz        | Name          |              |             |
| <b>81</b>        | <b>00:28:46</b> | <b>Terjung, Christiane</b> | <b>TSG Dülmen</b>           | <b>1</b>     | <b>W60</b>    | <b>61</b>    | <b>1399</b> |
| <b>82</b>        | <b>00:28:48</b> | <b>Bartels, Gabriele</b>   |                             | <b>1</b>     | <b>W65</b>    | <b>58</b>    | <b>1235</b> |
| 83               | 00:28:52        | Jasper, Phil               | TSG Dülmen                  | 7            | MJ U14        | 10           | 1442        |
| 84               | 00:29:00        | Rüsweg, Herbert            | Hobbyläufer                 | 5            | M60           | 62           | 569         |
| 85               | 00:29:04        | Hellermann, Christian      | PGS/KvG                     | 4            | M35           | 84           | 1034        |
| 86               | 00:29:04        | Mühlenbäumer, Helm         |                             | 6            | M60           | 60           | 795         |
| <b>87</b>        | <b>00:29:14</b> | <b>Hölscher, Judith</b>    | <b>AvDHG</b>                | <b>2</b>     | <b>W40</b>    | <b>81</b>    | <b>1113</b> |
| 88               | 00:29:14        | Haubrock, Ruth             | AvDHG                       | 5            | W45           | 77           | 1115        |
| <b>89</b>        | <b>00:29:15</b> | <b>Jasper, Nadine</b>      | <b>Dülmen</b>               | <b>3</b>     | <b>W40</b>    | <b>79</b>    | <b>1441</b> |
| 90               | 00:29:19        | Heßelmann, Meike           |                             | 4            | W40           | 80           | 1360        |
| 91               | 00:29:21        | Cionek, Tina               | SuS Schalke 96              | 6            | W45           | 78           | 1194        |
| <b>92</b>        | <b>00:29:22</b> | <b>Zylka, Malin</b>        |                             | <b>2</b>     | <b>W</b>      | <b>2</b>     | <b>1192</b> |
| <b>93</b>        | <b>00:29:31</b> | <b>Dick, Greta-Marie</b>   | <b>AvDHG</b>                | <b>1</b>     | <b>WJ U18</b> | <b>7</b>     | <b>1120</b> |
| 94               | 00:29:38        | Schmied, Yvonne            |                             | 5            | W40           | 79           | 1341        |
| <b>95</b>        | <b>00:29:38</b> | <b>Renders, Julia</b>      | <b>DJK VFL Billerbeck</b>   | <b>3</b>     | <b>W</b>      | <b>99</b>    | <b>1370</b> |
| <b>96</b>        | <b>00:29:38</b> | <b>Schmied, Patrick</b>    |                             | <b>3</b>     | <b>M30</b>    | <b>92</b>    | <b>1342</b> |
| <b>97</b>        | <b>00:29:53</b> | <b>Rimkus, Gloria</b>      | <b>KSC Lünen</b>            | <b>2</b>     | <b>WJ U14</b> | <b>11</b>    | <b>596</b>  |
| <b>98</b>        | <b>00:29:54</b> | <b>Roduit, Tanja</b>       | <b>KSC Lünen</b>            | <b>2</b>     | <b>W50</b>    | <b>70</b>    | <b>1285</b> |
| 99               | 00:29:56        | Wieschhörster, Sandra      |                             | 7            | W45           | 77           | 1357        |
| <b>100</b>       | <b>00:30:05</b> | <b>Thran, Hans-Jürgen</b>  | <b>Spiridon Haltern</b>     | <b>1</b>     | <b>M75</b>    | <b>46</b>    | <b>541</b>  |
| 101              | 00:30:24        | Weiling, Ludger            | Lauftreff Lette             | 4            | M65           | 56           | 1240        |
| <b>102</b>       | <b>00:30:45</b> | <b>Senger, Betty</b>       | <b>TuS Sythen</b>           | <b>2</b>     | <b>WK U12</b> | <b>12</b>    | <b>812</b>  |
| 103              | 00:30:46        | Senger, Sebastian          |                             | 9            | M40           | 81           | 529         |
| 104              | 00:30:48        | Brands, Julian             |                             | 4            | M30           | 93           | 1202        |
| 105              | 00:31:00        | Liberal, Bilal             | GS Dernekamp                | 8            | MK U12        | 13           | 749         |
| <b>106</b>       | <b>00:31:06</b> | <b>Hölscher, Richard</b>   | <b>AvDHG</b>                | <b>1</b>     | <b>MK U10</b> | <b>15</b>    | <b>1114</b> |
| <b>107</b>       | <b>00:31:18</b> | <b>Brambrink, Laura</b>    |                             | <b>2</b>     | <b>WJ U18</b> | <b>6</b>     | <b>1368</b> |
| <b>108</b>       | <b>00:31:18</b> | <b>Brambrink, Uwe</b>      |                             | <b>3</b>     | <b>M55</b>    | <b>68</b>    | <b>1365</b> |
| <b>109</b>       | <b>00:31:27</b> | <b>Löhr, André</b>         | <b>KSC Lünen</b>            | <b>2</b>     | <b>M45</b>    | <b>76</b>    | <b>597</b>  |
| 110              | 00:31:37        | Jasper, Christian          |                             | 10           | M40           | 83           | 613         |
| <b>111</b>       | <b>00:31:38</b> | <b>Felz, Lotte</b>         | <b>TuS Sythen</b>           | <b>3</b>     | <b>WK U12</b> | <b>12</b>    | <b>815</b>  |
| 112              | 00:31:41        | Riering, Sandra            |                             | 6            | W40           | 82           | 519         |
| <b>113</b>       | <b>00:31:42</b> | <b>Mühlenbrock, Mecht</b>  | <b>SG Suderwich</b>         | <b>2</b>     | <b>W60</b>    | <b>62</b>    | <b>1315</b> |
| 114              | 00:31:43        | Nomann, Martin             | SG Suderwich                | 4            | M55           | 66           | 1455        |
| 115              | 00:31:52        | Wietheger, Martin          |                             | 5            | M35           | 88           | 1251        |
| <b>116</b>       | <b>00:32:03</b> | <b>Weise, Andreas</b>      |                             | <b>3</b>     | <b>M45</b>    | <b>74</b>    | <b>1195</b> |
| <b>117</b>       | <b>00:32:40</b> | <b>Deitermann, Nina</b>    | <b>SG Suderwich</b>         | <b>3</b>     | <b>WJ U14</b> | <b>11</b>    | <b>1454</b> |
| 118              | 00:32:50        | Sandscheiper, Paul         | PGS/KvG                     | 9            | MK U12        | 12           | 973         |
| 119              | 00:32:53        | Möcklinghoff, Heiko        | Lauftreff Hohenholte        | 5            | M55           | 67           | 793         |
| <b>120</b>       | <b>00:32:54</b> | <b>Link, Sabine</b>        | <b>Lauftreff Hohenholte</b> | <b>3</b>     | <b>W50</b>    | <b>72</b>    | <b>1352</b> |

# 37. Nikolauslauf und 125 Straßenlauf der TSG Dülmen

Samstag, 02. Dezember 2023

TSG Stadion - Freizeitzentrum Nord

## Ergebnis-Liste

### 5 km Lauf

| Gesamt-<br>Platz | Zeit            | Name                    | Verein                      | Altersklasse |               | Geb.<br>Jahr | Startnr     |
|------------------|-----------------|-------------------------|-----------------------------|--------------|---------------|--------------|-------------|
|                  |                 |                         |                             | Platz        | Name          |              |             |
| 121              | 00:32:54        | Wietholt, Ditmar        | Lauftreff Hohenholte        | 5            | M65           | 58           | 1491        |
| 122              | 00:32:54        | Dreisbach, Gerd         | Lauftreff Hohenholte        | 6            | M65           | 54           | 614         |
| <b>123</b>       | <b>00:32:55</b> | <b>Struck, Werner</b>   | <b>Lauftreff Hohenholte</b> | <b>2</b>     | <b>M75</b>    | <b>48</b>    | <b>1493</b> |
| 124              | 00:32:55        | Dzionsko, Christoph     | Lauftreff Hohenholte        | 6            | M55           | 64           | 1490        |
| <b>125</b>       | <b>00:32:55</b> | <b>Voll, Chris</b>      | <b>Lauftreff Hohenholte</b> | <b>3</b>     | <b>M75</b>    | <b>44</b>    | <b>1489</b> |
| 126              | 00:32:59        | Siemann, Patrick        |                             | 5            | M30           | 90           | 1048        |
| 127              | 00:33:02        | Sandscheiper, Birgit    | PGS/KvG                     | 8            | W45           | 76           | 976         |
| 128              | 00:33:12        | Denaro, Angelina        | KSC Lünen                   | 4            | WK U12        | 12           | 587         |
| 129              | 00:33:35        | Galic, Martina          |                             | 7            | W40           | 83           | 1297        |
| 130              | 00:33:42        | Fuchs, Kai              | Ein Fuchs muss tun wa       | 6            | M35           | 84           | 758         |
| <b>131</b>       | <b>00:33:54</b> | <b>Elsler, Stephan</b>  |                             | <b>2</b>     | <b>M70</b>    | <b>52</b>    | <b>1343</b> |
| 132              | 00:33:57        | Avermann, Petra         | TSG Dülmen                  | 5            | W35           | 86           | 1328        |
| <b>133</b>       | <b>00:34:13</b> | <b>Reismann, Gitti</b>  | <b>Lauftreff Lette</b>      | <b>2</b>     | <b>W65</b>    | <b>58</b>    | <b>1241</b> |
| <b>134</b>       | <b>00:34:14</b> | <b>Weiling, Monika</b>  | <b>Lauftreff Lette</b>      | <b>3</b>     | <b>W65</b>    | <b>58</b>    | <b>1239</b> |
| 135              | 00:35:10        | Kroll, Maya             | SG Suderwich                | 4            | WJ U14        | 10           | 1306        |
| 136              | 00:35:15        | Gude, Andre             | LG Coesfeld                 | 6            | M             | 97           | 1363        |
| 137              | 00:36:03        | Fuchs, Merle            | Ein Fuchs muss tun wa       | 4            | W             | 98           | 757         |
| 138              | 00:36:03        | Brinkmöller, Ina        | PGS/KvG                     | 5            | WJ U14        | 11           | 978         |
| 139              | 00:36:07        | Brinkmöller, Stefanie   | PGS/KvG                     | 8            | W40           | 83           | 980         |
| <b>140</b>       | <b>00:36:09</b> | <b>Nacke, Jannes</b>    | <b>PGS/KvG</b>              | <b>2</b>     | <b>MK U10</b> | <b>15</b>    | <b>965</b>  |
| 141              | 00:36:19        | Daldrup-Nacke, Pame     | PGS/KvG                     | 9            | W40           | 83           | 967         |
| <b>142</b>       | <b>00:36:31</b> | <b>Fuchs, Ina</b>       | <b>Ein Fuchs muss tun w</b> | <b>3</b>     | <b>W60</b>    | <b>61</b>    | <b>759</b>  |
| <b>143</b>       | <b>00:36:35</b> | <b>Heinichen, Jutta</b> | <b>Die Laufmaschen</b>      | <b>3</b>     | <b>W55</b>    | <b>68</b>    | <b>1361</b> |

# 37. Nikolauslauf und 125 Straßenlauf der TSG Dülmen

Samstag, 02. Dezember 2023

TSG Stadion - Freizeitzentrum Nord

## Ergebnis-Liste 10 km Lauf

| Gesamt-<br>Platz | Zeit     | Name                  | Verein                 | Altersklasse |      | Geb.<br>Jahr | Startnr |
|------------------|----------|-----------------------|------------------------|--------------|------|--------------|---------|
|                  |          |                       |                        | Platz        | Name |              |         |
| 1                | 00:33:15 | Sietmann, Marco       | LG Brillux Münster     | 1            | M    | 2            | 1353    |
| 2                | 00:36:52 | Kuhlmann, Julian      | LSF Münster            | 1            | M30  | 92           | 1377    |
| 3                | 00:38:27 | Watermann, Hendrik    | Dülmen                 | 1            | M35  | 85           | 1325    |
| 4                | 00:38:29 | Horn, Robin           | Parkrun Münster        | 2            | M30  | 90           | 1379    |
| 5                | 00:39:14 | Krüskenper, Fabian    | Bode Planungsgesell    | 2            | M    | 94           | 788     |
| 6                | 00:40:18 | von Lützu, Roland     | GW Nottuln             | 2            | M35  | 88           | 514     |
| 7                | 00:40:31 | Meironat, Marvin      | Team Camerone e.V.     | 3            | M30  | 91           | 1388    |
| 8                | 00:40:48 | Behrend, Mike         | Erdinger Active Team   | 1            | M50  | 72           | 527     |
| 9                | 00:41:44 | Gerber, Lysander-Arp  | EAT/ SG Suderwich      | 3            | M    | 94           | 792     |
| 10               | 00:41:48 | Masthoff, Maik        | Freisport Outdoor Fitr | 4            | M30  | 93           | 1338    |
| 11               | 00:42:02 | Dahlkamp, Michael     | SuS Olfen              | 1            | M45  | 74           | 1380    |
| 12               | 00:42:05 | Jaspers, Jessie       | Team Camerone e.V.     | 5            | M30  | 93           | 1387    |
| 13               | 00:42:08 | Kerkenhoff, Dennis    |                        | 4            | M    | 97           | 790     |
| 14               | 00:42:19 | vom Hofe, Andreas     | PSV Bork Fußball       | 2            | M45  | 74           | 1215    |
| 15               | 00:42:40 | Dresemann, Nikolas    |                        | 6            | M30  | 90           | 1356    |
| 16               | 00:42:53 | Nosthoff, Nils        |                        | 5            | M    | 95           | 1284    |
| 17               | 00:43:16 | Roters, Dominik       |                        | 6            | M    | 94           | 1264    |
| 18               | 00:43:23 | Ioannidis, Sophia     |                        | 1            | W30  | 93           | 756     |
| 19               | 00:43:39 | Plugge, Tobias        | Münster                | 7            | M    | 97           | 1259    |
| 20               | 00:43:48 | Willingmann, Todt G.  | Lauffreunde Bönen 1    | 1            | M55  | 65           | 526     |
| 21               | 00:44:38 | Nowack, Matthias      | PGS/KvG                | 1            | M40  | 83           | 868     |
| 22               | 00:44:51 | Thies, Tobias         | TSG Dülmen             | 3            | M35  | 84           | 1498    |
| 23               | 00:45:10 | Keller, Mark          |                        | 2            | M40  | 79           | 535     |
| 24               | 00:45:13 | Demter, Patrick       | Steinfurt              | 8            | M    | 97           | 1373    |
| 25               | 00:45:35 | Thiäner, Bjarne       | TuS Sythen             | 1            | M--- | 17           | 809     |
| 26               | 00:45:51 | Schroer, Jan          |                        | 9            | M    | 95           | 1378    |
| 27               | 00:45:58 | Hoffmann zu Höne, H   | DJK Adler Buldern      | 3            | M40  | 81           | 771     |
| 28               | 00:46:53 | Vogel, Ann-Sophie     | Lauftreff Lette        | 1            | W    | 98           | 1243    |
| 29               | 00:47:00 | Lovermann, Marcel     | TSG Dülmen e.V.        | 7            | M30  | 91           | 574     |
| 30               | 00:47:31 | Deiters, Christian    |                        | 4            | M40  | 79           | 768     |
| 31               | 00:47:32 | Stenert, Andreas      |                        | 2            | M50  | 70           | 1497    |
| 32               | 00:47:42 | Brathe, Georg         | Spiridon Haltern       | 3            | M50  | 70           | 1495    |
| 33               | 00:47:43 | Avermann, Sven        | TV Dülmen              | 4            | M35  | 86           | 1329    |
| 34               | 00:48:03 | Brüchert-Pastor, Nils | PVTG Witten            | 4            | M50  | 69           | 576     |
| 35               | 00:48:10 | Freitag, Christian    | DJK Judo               | 5            | M40  | 81           | 1250    |
| 36               | 00:48:33 | Weigmann, Matthias    |                        | 8            | M30  | 92           | 760     |
| 37               | 00:49:19 | Zalewski, Martin      | Fortuna Düsseldorf     | 6            | M40  | 80           | 563     |
| 38               | 00:49:27 | Brahm-Tobies, Dorot   |                        | 1            | W55  | 66           | 502     |
| 39               | 00:49:37 | Bewer, Tim            | Bode Planungsgesells   | 9            | M30  | 90           | 787     |
| 40               | 00:50:08 | Deckenhoff, Christian |                        | 5            | M35  | 84           | 521     |



# 37. Nikolauslauf und 125 Straßenlauf der TSG Dülmen

Samstag, 02. Dezember 2023

TSG Stadion - Freizeitzentrum Nord

## Ergebnis-Liste 10 km Lauf

| Gesamt-<br>Platz | Zeit            | Name                         | Verein                      | Altersklasse |            | Geb.<br>Jahr | Startnr     |
|------------------|-----------------|------------------------------|-----------------------------|--------------|------------|--------------|-------------|
|                  |                 |                              |                             | Platz        | Name       |              |             |
| <b>41</b>        | <b>00:50:11</b> | <b>Lawrence-Dörner, An</b>   | <b>SV-Greven</b>            | <b>1</b>     | <b>W50</b> | <b>73</b>    | <b>777</b>  |
| 42               | 00:50:38        | Stroth, Sebastian            | GS Dernekamp                | 7            | M40        | 82           | 726         |
| <b>43</b>        | <b>00:51:29</b> | <b>Wollschläger, Christi</b> | <b>Biketreff Velen</b>      | <b>2</b>     | <b>W50</b> | <b>69</b>    | <b>1230</b> |
| <b>44</b>        | <b>00:51:47</b> | <b>Göder, Karl-Heinz</b>     | <b>Haltern am See</b>       | <b>1</b>     | <b>M65</b> | <b>56</b>    | <b>1372</b> |
| 45               | 00:51:50        | Hocevar, Dirk                | KSC Lünen                   | 5            | M50        | 73           | 1340        |
| <b>46</b>        | <b>00:51:53</b> | <b>Kroll, ?Hendrik</b>       | <b>SG Suderwich</b>         | <b>3</b>     | <b>M45</b> | <b>76</b>    | <b>1304</b> |
| <b>47</b>        | <b>00:52:54</b> | <b>Wietel, Bernhard</b>      | <b>Asv Senden</b>           | <b>1</b>     | <b>M60</b> | <b>61</b>    | <b>1216</b> |
| 48               | 00:53:40        | Netz, Eduard                 | Jöst                        | 4            | M45        | 74           | 1227        |
| 49               | 00:53:40        | Kleerbaum, Uwe               | Jöst                        | 6            | M50        | 69           | 1219        |
| 50               | 00:53:41        | Flossbach, Jannis            |                             | 10           | M          | 2            | 1217        |
| <b>51</b>        | <b>00:53:57</b> | <b>Lütke Volksbeck, Ver</b>  |                             | <b>1</b>     | <b>W35</b> | <b>85</b>    | <b>1246</b> |
| 52               | 00:53:57        | Wahlers, Christian           |                             | 5            | M45        | 78           | 778         |
| 53               | 00:54:08        | Gatz, Imo                    | KSC Lünen                   | 6            | M45        | 78           | 606         |
| 54               | 00:54:27        | de Waal, Jörd                |                             | 7            | M50        | 70           | 508         |
| 55               | 00:54:27        | Tefert, Daniel               |                             | 8            | M40        | 83           | 507         |
| 56               | 00:54:34        | Sudahl, Bastian              |                             | 11           | M          | 97           | 1262        |
| <b>57</b>        | <b>00:54:43</b> | <b>Mester, Lisa</b>          |                             | <b>2</b>     | <b>W</b>   | <b>96</b>    | <b>1255</b> |
| <b>58</b>        | <b>00:55:07</b> | <b>Höfener, Heinrich</b>     | <b>Lauftreff Hohenholte</b> | <b>1</b>     | <b>M75</b> | <b>48</b>    | <b>1288</b> |
| <b>59</b>        | <b>00:55:34</b> | <b>Heuer, Barbara</b>        | <b>LSF Münster</b>          | <b>1</b>     | <b>W60</b> | <b>63</b>    | <b>572</b>  |
| <b>60</b>        | <b>00:55:34</b> | <b>Huesmann, Monika</b>      | <b>Lauftreff Lüdinghaus</b> | <b>2</b>     | <b>W55</b> | <b>66</b>    | <b>561</b>  |
| <b>61</b>        | <b>00:55:34</b> | <b>Uekötter, Lisa</b>        |                             | <b>2</b>     | <b>W30</b> | <b>93</b>    | <b>564</b>  |
| 62               | 00:55:35        | Köcher, Sascha               | Lauftreff Lüdinghause       | 8            | M50        | 72           | 558         |
| <b>63</b>        | <b>00:55:35</b> | <b>Schnieder, Lisa</b>       | <b>Lauftreff Lüdinghaus</b> | <b>3</b>     | <b>W30</b> | <b>90</b>    | <b>546</b>  |
| <b>64</b>        | <b>00:55:35</b> | <b>Nierhoff, Kerstin</b>     | <b>Lauftreff Lüdinghaus</b> | <b>1</b>     | <b>W45</b> | <b>76</b>    | <b>547</b>  |
| 65               | 00:55:35        | Schlösser, Olaf              | Lauftreff Lüdinghause       | 9            | M50        | 69           | 548         |
| 66               | 00:55:35        | Bukowski, Björn              | Lauftreff Lüdinghause       | 9            | M40        | 80           | 544         |
| <b>67</b>        | <b>00:55:36</b> | <b>Deters, Richard</b>       | <b>Lauftreff Lüdinghaus</b> | <b>2</b>     | <b>M60</b> | <b>59</b>    | <b>543</b>  |
| <b>68</b>        | <b>00:55:36</b> | <b>Stobbe, Rita</b>          | <b>Sport ist Mord</b>       | <b>3</b>     | <b>W50</b> | <b>72</b>    | <b>1258</b> |
| <b>69</b>        | <b>00:55:36</b> | <b>Stobbe, Elena</b>         | <b>Lauftreff Lüdinghaus</b> | <b>3</b>     | <b>W</b>   | <b>2</b>     | <b>1260</b> |
| 70               | 00:55:36        | Stobbe, Matthias             | Lauftreff Lüdinghause       | 10           | M50        | 71           | 562         |
| <b>71</b>        | <b>00:55:37</b> | <b>Nibbenhagen, Magnu</b>    | <b>Lauftreff Lüdinghaus</b> | <b>2</b>     | <b>M55</b> | <b>67</b>    | <b>1371</b> |
| <b>72</b>        | <b>00:55:37</b> | <b>Focks, Martin</b>         | <b>Lauftreff Lüdinghaus</b> | <b>3</b>     | <b>M55</b> | <b>64</b>    | <b>545</b>  |
| 73               | 00:55:38        | Nibbenhagen, Linus           | Lauftreff Lüdinghause       | 12           | M          | 97           | 540         |
| 74               | 00:55:55        | Koch, Andreas                | Lauftreff Lüdinghause       | 11           | M50        | 71           | 1496        |
| 75               | 00:56:24        | Kranz, Björn                 |                             | 7            | M45        | 77           | 779         |
| 76               | 00:56:26        | Porwol, David                | Adler Buldern               | 10           | M40        | 79           | 1401        |
| 77               | 00:56:31        | Hartmann, Stephanie          |                             | 4            | W          | 97           | 1257        |
| 78               | 00:56:37        | Schulte Hullern, Julian      |                             | 13           | M          | 94           | 1218        |
| 79               | 00:56:59        | McMillan, Andy               | Vegan Runners UK            | 12           | M50        | 72           | 1374        |
| 80               | 00:57:33        | Schulte, Ralf                | Haltern                     | 13           | M50        | 70           | 1499        |

# 37. Nikolauslauf und 125 Straßenlauf der TSG Dülmen

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TSG Stadion - Freizeitzentrum Nord

## Ergebnis-Liste 10 km Lauf

| Gesamt-<br>Platz | Zeit            | Name                       | Verein                     | Altersklasse |               | Geb.<br>Jahr | Startnr     |
|------------------|-----------------|----------------------------|----------------------------|--------------|---------------|--------------|-------------|
|                  |                 |                            |                            | Platz        | Name          |              |             |
| 81               | 00:58:01        | Terlau, Marina             |                            | 5            | W             | 97           | 774         |
| 82               | 00:58:01        | Brockmeier, Nico           | Dülmen                     | 14           | M             | 99           | 1376        |
| 83               | 00:58:04        | Brockmeier, Marco          | Dülmen                     | 15           | M             | 96           | 1375        |
| <b>84</b>        | <b>00:58:42</b> | <b>Schürholz, Ludger</b>   |                            | <b>2</b>     | <b>M65</b>    | <b>56</b>    | <b>1238</b> |
| 85               | 00:59:05        | Oesteroth, Thomas          | Jöst                       | 6            | M35           | 86           | 1500        |
| 86               | 00:59:27        | Schneider, Robert          | AvDHG                      | 14           | M50           | 72           | 1076        |
| 87               | 00:59:28        | Dramm, Vera                |                            | 4            | W30           | 93           | 1445        |
| <b>88</b>        | <b>00:59:28</b> | <b>Kresse, Arnold</b>      | <b>DJK Rödder</b>          | <b>3</b>     | <b>M60</b>    | <b>61</b>    | <b>1444</b> |
| <b>89</b>        | <b>00:59:30</b> | <b>Link, Antje</b>         | <b>KSC Lünen</b>           | <b>2</b>     | <b>W35</b>    | <b>85</b>    | <b>603</b>  |
| 90               | 00:59:30        | Schinner, Cedric           | KSC Lünen                  | 16           | M             | 95           | 602         |
| <b>91</b>        | <b>01:00:32</b> | <b>Vogel, Elke</b>         | <b>Lauftreff Lette</b>     | <b>3</b>     | <b>W55</b>    | <b>66</b>    | <b>1242</b> |
| <b>92</b>        | <b>01:00:43</b> | <b>Krimphove, Judith</b>   | <b>SV Arminia Appelhül</b> | <b>2</b>     | <b>W45</b>    | <b>77</b>    | <b>1358</b> |
| <b>93</b>        | <b>01:02:09</b> | <b>Prenger-Berninghoff</b> |                            | <b>1</b>     | <b>WJ U16</b> | <b>9</b>     | <b>1460</b> |
| <b>94</b>        | <b>01:02:36</b> | <b>Bense, Liliana</b>      | <b>TSG Dülmen</b>          | <b>2</b>     | <b>WJ U16</b> | <b>9</b>     | <b>1349</b> |
| 95               | 01:02:37        | Prenger-Berninghoff,       |                            | 15           | M50           | 73           | 1459        |
| <b>96</b>        | <b>01:04:04</b> | <b>Gatz, Steffi</b>        | <b>KSC Lünen</b>           | <b>1</b>     | <b>W40</b>    | <b>79</b>    | <b>605</b>  |
| 97               | 01:07:23        | Bense, Stefan              | TV Dülmen                  | 8            | M45           | 78           | 1350        |
| <b>98</b>        | <b>01:20:17</b> | <b>Scholz, Eberhard</b>    | <b>TSG Dülmen</b>          | <b>1</b>     | <b>M80</b>    | <b>42</b>    | <b>1446</b> |